

# Get TESTED FOR GLAUCOMA

Glaucoma is a group of related eye disorders, resulting in progressive damage to the optic nerve of the eye. The major risk factor is intraocular pressure (IOP) that, when sufficiently elevated, will damage the optic nerve.

## the FACTS

there is no CURE

Every one in 200 people aged 40 have glaucoma, which rises to one in eight by aged 80.

The most vulnerable include:



ELDERLY



WOMEN



ASIAN PEOPLE



BLACK PEOPLE

Family members of those with glaucoma have a ten-fold risk of getting glaucoma themselves

Glaucoma is the most common cause of irreversible blindness

In many cases, glaucoma may be asymptomatic, meaning it shows no symptoms; half of those living with glaucoma are unaware that they are affected

Visual loss due to glaucoma is largely attributed to subjective factors including:

- NON-COMPLIANCE
- LATE PRESENTATION
- LACK OF KNOWLEDGE
- HIGH SEVERITY AT TIME OF DIAGNOSIS

# 78million have glaucoma

**111.8million**  
are predicted  
to have glaucoma  
by 2040

**50%**  
(or more) of glaucoma  
is undetected in  
develop countries

**90%**  
of glaucoma is  
undetected in  
developing countries

**1billion**  
have no access to  
eye-care, due to  
unfair distribution

## KNOW WHEN TO GET CHECKED

Because, the **EARLIER** the diagnosis, the less damage will be done and the more vision will be saved!

**BEFORE AGE 40** every 2 - 4 years

**FROM 40 - 60** every 2 - 3 years

**AFTER 60** every 1 - 2 years

## World Glaucoma Week March 8 - 14, 2026

World Glaucoma Week is a global initiative of the World Glaucoma Association (WGA) to raise awareness on glaucoma. It includes a series of global activities alerting people to have regular eye and optic nerve checks to detect glaucoma earlier, thus preserving sight.

### What is the World Glaucoma Week trying to do?

Globally alert people to have regular eye checks & detect glaucoma earlier

Increase glaucoma awareness

Increase global accessibility to knowledge and eye-care

**Ultimate goal:**  
PRESERVE SIGHT GLOBALLY

# Uniting for a Glaucoma-Free World

#gettested #glaucomaweek



**World Glaucoma Association**  
The Global Glaucoma Network

[www.worldglaucomaweek.org](http://www.worldglaucomaweek.org)